

Dish Name	Cereals containing Gluten :	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs
LUNCH BUFFET														
Honey & Lime Chicken Skewers	no	no	no	no	no	no	no	no	may	may	may	no	no	may
Pork & Chorizo Quesadilla	yes	no	no	no	no	yes	yes	no	no	no	no	no	no	no
Pulled Pork Sandwich	yes	no	yes	no	no	yes	yes	no	no	no	may	no	no	no
Paella de Cuba	yes	yes	no	no	no	yes	yes	no	yes	yes	no	yes	no	no
Salad	no	no	no	no	no	yes	no	no	no	no	no	yes	no	no
2 COURSE LUNCH														
Juicy Green Olives	yes	no	no	no	no	no	yes	no	no	yes	yes	no	no	no
Smoky Tomato Salsa with Tortilla Chips	no	no	no	no	no	yes	no	no	no	no	no	no	no	no
Burrito Bowl - Chicken	yes	no	no	no	no	yes	yes	no	yes	may	may	no	no	may
Pulled Pork Sandwich	yes	no	yes	no	no	yes	yes	no	no	no	may	no	no	no
Chicken Fajita Sandwich	yes	no	yes	no	no	yes	yes	no	yes	-	may	no	no	no
Halloumi Wrap	yes	no	no	no	no	yes	yes	no	yes	no	no	no	no	no
TAPAS FEASTING														
Crusty Breads	yes	no	no	no	no	yes	yes	no	no	no	no	no	no	no
Homemade Guacamole with Tortilla Chips	no	no	no	no	no	yes	no	no	no	no	no	no	no	no
Cuban BBQ Chicken	yes	yes	no	yes	no	yes	no	no	yes	yes	yes	yes	no	no
Caribbean Chicken Curry	no	no	no	no	no	no	no	no	yes	yes	no	yes	no	no
Roast Pork Shoulder	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Paella de Cuba	yes	yes	no	no	no	yes	yes	no	yes	yes	no	yes	no	no
Albondigas	yes	no	no	no	no	no	yes	no	no	no	no	yes	no	no
Cajun Cream Mushrooms	no	no	no	no	no	no	yes	no	no	yes	no	yes	no	no
Honey Roasted Veg	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Patatas Bravas	no	no	yes	no	no	yes	no	no	no	no	no	yes	no	no
MASTERCLASS SET MENU														
Calamari	yes	no	yes	no	no	yes	no	no	no	no	no	no	no	yes
Cauliflower Frito	yes	no	no	no	no	yes	yes	no	no	no	no	no	no	no
Albondigas	yes	no	no	no	no	no	yes	no	no	no	no	yes	no	no
Iberico Ham Croquettes	yes	no	yes	no	no	yes	yes	no	no	no	no	no	no	no
Shredded Pork Burrito	yes	no	no	no	no	yes	yes	no	yes	no	no	yes	no	no
Cuban Cheese Burger	yes	no	yes	no	no	yes	yes	no	yes	yes	may	yes	may	no
Aubergine & Artichoke Paella	no	no	no	no	no	yes	no	no	yes	yes	no	yes	no	no
Caribbean Chicken Curry	no	no	no	no	no	no	no	no	yes	yes	no	yes	no	no

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MOSTRADOR														
Caribbean Chicken Curry	no	no	no	no	no	no	no	no	yes	yes	no	yes	no	no
Beef Brisket Chilli	yes	no	no	no	no	yes	no	no	yes	no	no	yes	no	no
Zesty Rice	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Patatas Bravas	no	no	yes	no	no	yes	no	no	no	no	no	yes	no	no
Calamari	yes	no	yes	no	no	yes	no	no	no	no	no	no	no	yes
Albondigas	yes	no	no	no	no	no	yes	no	no	no	no	yes	no	no
Cajun Cream Mushrooms	no	no	no	no	no	no	yes	no	no	yes	no	yes	no	no
Honey Roasted Veg	no	no	no	no	no	no	no	no	no	no	no	no	no	no
Honey & Lime Chicken Skewers	no	no	no	no	no	no	no	no	may	may	may	no	no	may
Crusty Breads	yes	no	no	no	no	yes	yes	no	no	no	no	no	no	no
Sweetcorn Salsa	yes	no	no	no	no	yes	yes	no	no	no	no	no	no	no
SET MENU														
Cauliflower Frito	yes	no	no	no	no	yes	yes	no	no	no	no	no	no	no
Mojito Prawns	yes	yes	no	no	no	yes	no	no	no	no	no	no	no	no
Honey & Lime Chicken Skewers	no	no	no	no	no	no	no	no	may	may	may	no	no	may
Pork Belly Skewers	no	no	no	no	no	yes	no	no	no	no	no	no	no	no
Shredded Pork Burrito	yes	no	no	no	no	yes	yes	no	yes	no	no	yes	no	no
Cuban Hot Burger	yes	no	yes	no	no	yes	yes	no	yes	yes	may	yes	may	no
Aubergine & Artichoke Paella	no	no	no	no	no	yes	no	no	yes	yes	no	yes	no	no
Chimichanga	yes	no	no	no	no	yes	yes	no	yes	no	no	no	no	no
Paella de Cuba	yes	yes	no	no	no	yes	yes	no	yes	yes	no	yes	no	no
Sunshine Salad w/ Chicken	no	yes	no	yes	no	no	no	no	no	yes	yes	yes	no	no
Chocolate Praline Cake	yes	no	yes	no	may	yes	yes	yes	no	no	no	no	no	no
Churros	yes	no	no	no	no	yes	yes	no	no	no	no	yes	no	no
Toffee Nut Cheesecake	yes	no	yes	no	no	no	yes	yes	no	no	no	yes	no	no